

Self-Realization Fellowship Temple
San Diego

2017 Holiday Drives Help Neighbors

"...the first step toward Christ-like unselfishness is to expand your consciousness to include your neighbor's interests and well-being."

--Paramahansa Yogananda

Our food/meal drives support "Special Delivery," an all-volunteer organization that prepares and delivers warm meals, 5-days a week, to 130 neighbors with chronic illnesses. Without the deliveries, most recipients would go hungry (specialdeliverysandiego.org).

November 5 to 19: Thanksgiving Food



Please bring non-perishable food items. Because many live alone, container sizes should be for smaller servings. Please check expiration dates (containers should have 2-6 months of shelf-life).

December 3 to 17: Christmas Toys & Meals



Please bring a new, unwrapped toy stuffed animal for children at the Polinsky Children's Center. We are collecting monetary donations for "Special Delivery" to provide special Christmas Meals. Short on Time? Make a donation (cash or check to SRF) & we'll purchase food and toys for you!